

### MOTIVATION

You FEEL my energy as I light your fire for success in your business, career, or fitness journey ahead.

### INSPIRATION

We settle into the right mindsets that allow us to stay laser focused on our goals at hand without internal distraction.

#### ACTION

Motivation and inspiration are no good without PRACTICAL action. We're talking about "I'm stuck in traffic, have 100 unread emails, kids have to get to tutoring, I'm only running on 5 hours of sleep!" type of practical action steps that we can feel good about that actually move our needle.

# RECENT COLLABS































## SERVICES

COACHING • HOSTING • PRESENTING • WORKSHOPS • KEYNOTE

## NEXT STEPS

Step 1: Email Me to Book a Connect & Learn

- It's just that! ...We will connect energy and get excited about what's ahead together.
- Learn more about how to create success for you and your team through experience and discovering exact solutions for your needs.

Step 2: Get Price Based on Your Needs

- We collaborate on which investment option serves you best from my Solution Suite for your team, attendees, or staff.

Step 3: Lock In A Date!

- Get ready because we are set for a day of motivation, inspiration, and action!



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### TESTIMONIALS

"Ever since I started working with Coach Dane, I have been able to run my business in a direction with a long-term future. I gained more new clients in 1 month working with him, than in the last 2 years of trying to do this on my own, and I've given them a much better all-around experience with me. I'm able to pay all the bills in my name, fund a mortgage on a new house, AND take care of my newborn baby daughter in less than a week's worth of work. He believed in me and pushed me and I'm so thankful for Dane."

- Dakota Hughes, owner of Dakota Hughes Fitness

"Working with Dane I have witnessed first hand his drive, dedication and passion not just for the industry but for life as a whole. The combination of Dane's progressive mindset coupled with his "want to" attitude has elevated him quickly to the status of a leading fitness professional. His enthusiastic result-oriented approach along with his ability to adapt easily to unforeseen challenges offered continuous inspiration for his peers. Any new fit pro that is uncertain about the direction of their career or has questions about what path is best for them would benefit from Dane's tutelage. His diverse and robust fitness experience gives Dane the opportunity to see our industry through a broad lens while offering laser sharp viewpoints and solutions.

- Christopher Salisbury-Area Director, Catalyst Fitness Buffalo